

55+
Seniors
Games
Coquitlam
September
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CONGRATULATIONS TO MR. HUAN MING MAO!

Mr. Mao won a GOLD medal for table tennis at the BC Seniors Games.

http://www.55plusgames.ca/sports/table-tennis/

Table Tennis is a sport in which two or four players hit a lightweight, hollow ball back and forth with rackets. The game takes place on a hard table divided by a net. Except for the initial serve, players must allow a ball played toward them only one bounce on their side of the table and must return it so that it bounces on the opposite side. Points are scored when a player fails to return the ball within the rules. Play is fast and demands quick reactions. Table tennis is the most popular racket sport in the world.

